

**IntegraCare**

*It is all about doing things  
with people, rather than  
"to" them*



**Person-centered training  
program for  
multidisciplinary  
professionals**

This project has been funded with support from the European Commission. This publication reflects the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.



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## Our Research



The first phase of our project consisted in identifying successful models and case studies of person-centered care from each of the partner countries as well as an EU level based on information collected from semi-structured interviews and focus groups. Seven themes emerged from the analysis of the transcriptions: care practices followed by the organisation, cooperation and coordination of multidisciplinary teams, communication and use of person-centred language, involvement of the person and their family in the decision-making process, inclusivity and accessibility of care services for dependent people, monitoring and evaluation tools for care services, barriers and solutions to problems in person-centred care.

## Our Focus Groups

During our research period, we have reached a great variety of health care professionals from each of the partner countries. A total of 25 professionals have been interviewed:

- Nurses
- Care workers
- Social workers
- Institution directors
- Psychologists
- Therapists
- Coaches
- Neuropsychologists
- Physical therapists
- Social educators
- Occupational therapists
- Speech therapists
- Social health operators
- Entertainer



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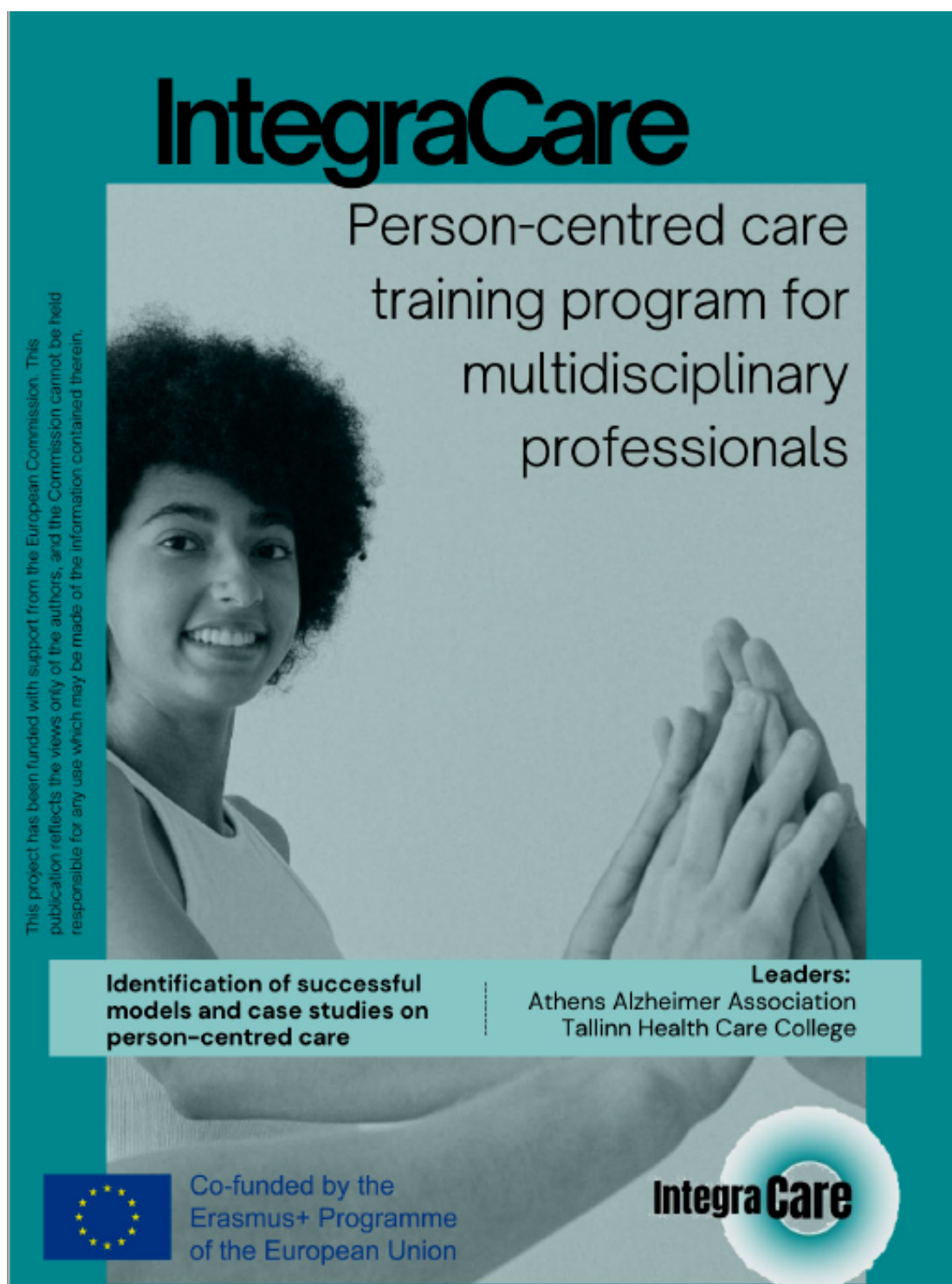


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Integra Care Project



Here comes the Phase 1 result of  
our project!



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